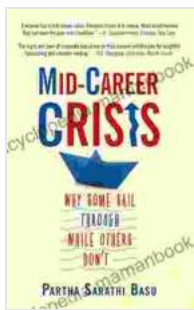


# Why Some Sail Through Life While Others Don't | The Secret to Success and Happiness

We all know people who seem to have it all. They're successful in their careers, have happy families, and seem to live charmed lives. On the other hand, we also know people who struggle with everything they do. They can't seem to catch a break, and their lives are often filled with disappointment and heartache.

What's the difference between these two types of people? Why do some people sail through life while others don't?



## Mid-career Crisis: Why Some Sail through while Others

**Don't** by Peter Darman

★★★★☆ 4.1 out of 5

Language : English  
File size : 4080 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 192 pages  
X-Ray for textbooks : Enabled



There are many factors that contribute to success and happiness. Some of these factors are within our control, while others are not. However, there are certain things that successful and happy people tend to do differently than unsuccessful and unhappy people.

Here are some of the key differences between those who sail through life and those who don't:

## **1. They have a positive attitude**

Successful and happy people tend to have a positive outlook on life. They see the glass as half full, and they focus on the good things in their lives. They don't dwell on the negative, and they don't let setbacks get them down.

On the other hand, unsuccessful and unhappy people tend to have a negative outlook on life. They see the glass as half empty, and they focus on the bad things in their lives. They dwell on the negative, and they let setbacks get them down.

Which type of person are you? Do you tend to see the glass as half full or half empty? Do you focus on the good things in your life or the bad things? If you want to be more successful and happy, it's important to develop a positive attitude.

## **2. They set goals**

Successful and happy people tend to set goals for themselves. They know what they want out of life, and they have a plan for how to achieve it. They don't just drift through life, hoping that things will turn out for the best.

On the other hand, unsuccessful and unhappy people often don't set goals for themselves. They don't know what they want out of life, and they don't have a plan for how to achieve it. They just drift through life, hoping that things will turn out for the best.

Which type of person are you? Do you set goals for yourself? Do you know what you want out of life, and do you have a plan for how to achieve it? If you want to be more successful and happy, it's important to set goals for yourself.

### **3. They take action**

Successful and happy people tend to take action. They don't just sit around and wait for things to happen. They go after what they want, and they don't give up easily.

On the other hand, unsuccessful and unhappy people often don't take action. They wait for things to happen, and they give up easily when they encounter obstacles.

Which type of person are you? Do you take action? Do you go after what you want, and do you not give up easily? If you want to be more successful and happy, it's important to take action.

### **4. They learn from their mistakes**

Successful and happy people tend to learn from their mistakes. They don't make the same mistakes over and over again. They learn from their experiences, and they use their mistakes to help them improve.

On the other hand, unsuccessful and unhappy people often don't learn from their mistakes. They make the same mistakes over and over again. They don't learn from their experiences, and they don't use their mistakes to help them improve.

Which type of person are you? Do you learn from your mistakes? Do you use your mistakes to help you improve? If you want to be more successful and happy, it's important to learn from your mistakes.

## **5. They surround themselves with positive people**

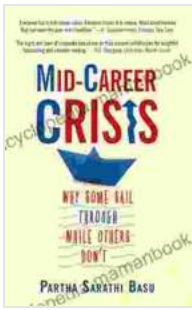
Successful and happy people tend to surround themselves with positive people. They spend their time with people who support them, encourage them, and make them feel good about themselves.

On the other hand, unsuccessful and unhappy people often surround themselves with negative people. They spend their time with people who put them down, discourage them, and make them feel bad about themselves.

Which type of person are you? Do you surround yourself with positive people? Do you spend your time with people who support you, encourage you, and make you feel good about yourself? If you want to be more successful and happy, it's important to surround yourself with positive people.

There are many factors that contribute to success and happiness. Some of these factors are within our control, while others are not. However, there are certain things that successful and happy people tend to do differently than unsuccessful and unhappy people.

If you want to be more successful and happy, it's important to develop a positive attitude, set goals, take action, learn from your mistakes, and surround yourself with positive people.

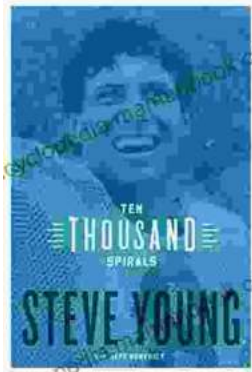


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